

Reviewed December 2024



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There are several commonly kept tortoise species from the Mediterranean and

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- Heat sources should ideally be regulated with a thermostat and temperatures should be measured with a separate digital maximum/minimum thermometer. During the cold winter months careful checking is required to ensure the heat sources are keeping the enclosure sufficiently warm.
- Humidity should be checked with a hygrometer and kept low-moderate depending on the species. Horsfield's tortoises can cope better with extremes of temperature but do not tolerate damp conditions well.

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- Mediterranean tortoises need daily exposure to full spectrum lighting (including UV-b light).
 - Various UV lamps are available (), but for tortoises a lamp with a high output (e.g. 10-12%) should be used to mimic ure

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We recommend annual health checks every year for pet tortoises as medical problems are more easily treated if detected at an early stage

We highly recommend that you take out a pet insurance policy. For a monthly fee your pet can receive the best treatment at an affordable cost. There is normally an excess to pay for each condition then after that costs are covered up to a set limit. Once you have the policy, please provide us with a copy of your insurance details. There are a lot of differenare